

STARTERS

- SKINS & DIP (V)** **£2.95**
Potato skins deep fried until golden brown and served with a homemade garlic mayonnaise dip
- SKINS & CHILLI** **£4.95**
Our crispy potato skins deep fried until golden brown and then smothered with homemade 100% beef Chilli con Carne and melted cheese
- HOMEMADE SALMON, COD & DILL FISH CAKES** **£3.95**
Salmon and cod combined with dill, lemon and potatoes then cooked until golden brown and served with a wholegrain mustard and white wine cream sauce and a salad garnish
- CALAMARI** **£4.95**
Lightly spiced chilli salted squid gently fried and served with a homemade lemon mayonnaise dip
- CHICKEN SKEWERS** **£4.95**
Skewers of freshly marinated tender chicken fillet with sweet chilli and lime served on a baby leaf salad
- TOMATO BRUSCHETTA (V)** **£3.95**
Toasted bread topped with a refreshing mix of fresh chopped tomato, basil, garlic and olive oil
- GAMBERONI PASTELLA** **£5.95**
Delicious Tiger prawns, lightly battered tempura style and served with chilli jam

V – denotes vegetarian

Allergies – We take all allergies seriously.
Please advise us of any dietary requirements especially nut allergies as some dishes may contain traces of nut.

PASTA

Penne or linguine

PASTA SORRENTINA (V)

£5.75

A rich tomato sauce with fresh Mozzarella, Parmesan shavings and basil

PASTA CARBONARA

£5.95

Smoked pancetta with a creamy Italian sauce and Parmesan shavings finished with chopped parsley

PASTA PICCANTE

£5.95

Italian spicy pepperoni with fresh Mozzarella in a rich tomato sauce with a touch of fresh chilli

PASTA SCOGLIO

£6.75

Fresh mussels with chopped garlic, olive oil and parsley

PASTA ROMA

£5.95

A classic combination of sautéed chicken with fresh mushrooms in a herb, tomato and cream sauce

PASTA POLPETTONI

£5.95

Homemade classic Italian 100% beef meat balls in a rich plum tomato and basil sauce

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PIZZA MARGHERITA (V) Homemade tomato sauce, fresh Mozzarella and Basil. The classic!	£5.50
PIZZA INFERNO The hot one; Italian spicy pepperoni, homemade tomato sauce, fresh Mozzarella and basil	£5.95
PIZZA CAJUN A luxurious mixture of blackened Cajun spiced chicken, sun-dried peppers, sun-dried tomatoes, homemade tomato sauce and then topped with Caesar salad and Parmesan shavings	£6.50
PIZZA PROSCIUTTO FUNGHI The delicious mix of Mozzarella cheese with ham and fresh mushrooms and a homemade tomato and basil sauce	£6.50
PIZZA POLPETTONI Homemade classic Italian 100% beef meat balls and fresh Mozzarella with a rich plum tomato and basil sauce	£6.50
PIZZA RUSTICA (V) Char-grilled aubergine with sun-dried peppers and sautéed courgettes topped with rocket and Parmesan shavings	£6.25
PIZZA TONNO Dolphin friendly tuna, Mozzarella cheese, red onions and fresh chilli with a homemade tomato and basil sauce	£5.50
PIZZA SEAFOOD A taste of the sea; Fresh mussels, baby prawns and calamari with Mozzarella cheese and a homemade tomato and basil sauce	£6.75

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COMFORT FOOD

STARTER MAIN COURSE

BLUE COYOTE'S FAMOUS NACHOS (V)

(For one or to share)

£4.25

£5.95

Add Chilli Con Carne

£4.75

£6.95

Add chicken

£4.75

£6.95

HOMEMADE SALMON, COD

£6.95

& DILL FISH CAKES

Salmon and cod combined with dill, lemon and potatoes then cooked until golden brown and served with a wholegrain mustard and white wine cream sauce with either chunky chips or salad

STEAK FRITTES

£7.95

6oz locally sourced rump steak char-grilled to perfection and served with fresh cut fries and a salad garnish

THAI RED CURRY

Homemade delicious Thai red curry with aubergine, tomato, green beans, potato and red onions served with coriander rice and Naan bread

Vegetarian (V)

£5.90

Chicken

£6.50

Tiger prawns

£7.50

CHILLI CON CARNE

£6.50

Our homemade Mexican classic with 100% British beef, kidney beans and chilli served with coriander rice and pitta bread

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SALADS

	STARTER	MAIN COURSE
TRICOLORE (V) Fresh Mozzarella, plum tomatoes, avocado, basil oil and balsamic vinaigrette	£3.95	£6.75
VENETA (V) Baby spinach tossed in balsamic vinaigrette, topped with roasted peppers, goats cheese & toasted almonds	£4.25	£6.95
CHICKEN CAESAR SALAD Traditional Caesar salad with romaine hearts, bacon, chicken, croutons, Parmesan shavings with a creamy Italian dressing	£4.75	£7.95
TUNA NICOISE Dolphin friendly tuna, green beans, new potatoes, plum tomatoes, capers, olives, boiled egg, anchovies and Nicoise dressing	£4.50	£7.75

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BURGERS

All our burgers contain 6oz of 100% ground best British beef served in a toasted bun with salad, 'slaw and either hand cut chips or potato skins (except Skinny burger).

Nude Burger **£6.95**

Classic plain burger in its bun,
no sauce "ready for relish"

Skinny Burger **£5.95**

No bun or potatoes, just lashings of
fresh salad and 'slaw

Cheese Burger **£7.25**

Coated with Monterey Jack cheese

Bacon Burger **£7.25**

Topped with crispy bacon rashers

Bacon 'n' Cheese Burger **£7.50**

First the bacon and then topped with
Monterey Jack cheese

Chilli Burger **£7.50**

Coated with our very own homemade
steaming hot beef Chilli Con Carne

Italian Burger **£6.95**

Smothered in our homemade garlic,
tomato and basil sauce

Mex Burger **£7.50**

with onion rings and guacamole

Veggie Burger (V) **£7.25**

A mixture of carrot, onions, courgette,
aubergine, peppers and Parmesan
combined in breadcrumbs and oven baked

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MOULLES | RISOTTO

MOULLES MARINIERE & CHIPS **£7.25**

Steamed fresh mussels cooked in white wine, garlic and parsley with chunky chips served in a mussel pot

CHILLI MUSSELS & CHIPS **£7.25**

Steamed fresh mussels cooked In white wine, tomato sauce and chilli with chunky chips served in a mussel pot

THAI STYLE MUSSELS & CHIPS **£7.25**

Steamed fresh mussels in a homemade Thai red curry sauce finished with coconut cream and chunky chips served in a mussel pot

SEAFOOD RISOTTO **£6.50**

Italian risotto with fresh mussels, baby prawns and calamari

MUSHROOM RISOTTO (V) **£5.95**

Italian risotto with fresh wild mushrooms, onion and garlic and finished with a knob of butter and Parmesan

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SOUP | SANDWICHES

ADD HOMEMADE CHUNKY CHIPS OR SOUP FOR ONLY £1.00

SOUP OF THE DAY (V) £2.95

Homemade vegetarian soup of the day served with crusty bread

CHICKEN MILANESE £4.25

Lightly Bread crumbed chicken fillet strips with a homemade pepper salsa served on toasted Ciabatta

RUMP STEAK SANDWICH £5.95

A perfectly char grilled locally sourced minute steak with caramelised onions served on toasted Ciabatta

CHICKEN & CHILLI WRAP £4.25

Lightly spiced chicken fillet strips combined with mixed peppers and a light chilli mayonnaise served in a toasted tortilla wrap

TOMATO, MOZZARELLA, ROCKET AND PESTO £4.25

Fresh tomato slices, Mozzarella cheese, rocket and homemade basil pesto served on toasted Ciabatta

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SOUP | SANDWICHES

ADD HOMEMADE CHUNKY CHIPS OR SOUP FOR ONLY £1.00

CHUNKY FISH FINGER SANDWICH £3.75

Golden brown cod fish fingers served in either white or brown sliced bread with our delicious homemade tartar sauce

POLPETTONI IN A BAGUETTE £4.25

Classic homemade Italian 100% beef meatballs with a rich tomato and basil sauce served in a baguette

CHICKEN AND PITTA SKEWERS £4.95

Skewers of chicken breast marinated in sweet chilli and lime with a baby leaf salad, served in a warm pitta bread

THE POPOLO OPEN CLUB SANDWICH £5.95

Fresh smoked chicken with mayonnaise, bacon, mixed salad, a poached egg and honey mustard dressing. Fantastic!

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SIDES

(V)

BOWL OF OLIVES	£1.95
BREAD & OLIVES	£2.95
BREAD SELECTION	£1.95
Served with an olive oil and balsamic dip	
HOMEMADE CHUNKY CHIPS	£1.95
HOMEMADE ONION RINGS	£2.25
PIZZA GARLIC BREAD	£3.40
with cheese	£3.75
with tomato	£3.75
with cheese & tomato	£3.95
POPOLO MIXED SALAD	£2.50
Cucumber, peppers, tomato and baby leaf salad	

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